

BUSHEY PAIR TO TACKLE ICELAND TREK

A pair of Bushey residents will tackle a 60km trek in Iceland to raise money for charity in June.

Darren Reuben, of Bourne Road, and Ilana Epstein, of Chiltern Avenue, will complete the challenge to support the charity Aims 2 Cure, which supports people who suffer from conditions such as Multiple Sclerosis (MS).

Ilana is a committee member of the charity, while Darren has attended many of the events that they hold in London to try and raise valuable funds.

Due to the current financial climate that we find ourselves in, Darren told *My Bushey News* that the charity did not feel it appropriate to ask supporters to spend lots of money attending a black tie event which is why it came up with the idea of the trek.

Darren said: "The charity felt organising an event where individuals could approach other individuals for smaller donations would be a better idea.

"All those who are taking part felt it was a fantastic challenge as it is something none of us have done before."

The 60km event will take place over three days and will see the group tackle Landmannalaugar, which is part of the Southern Highlands of Iceland.

Darren says he and the group have already started training, meeting up once a week to go on walks, while also completing his own personal



Darren Reuben and Ilana Epstein.

challenges.

"We started by going for hour long walks, but this will gradually get longer and longer.

"I suspect by April or May we will be walking six or seven hours over a weekend."

Darren says he is not a big drinker, but has given up what he describes as "luxuries," such as chocolate and crisps, but says it is worth it because it helps him to do something MS sufferers simply cannot.

"I'm doing this because I can," he explained.

"When I saw this I was up for it straight away, even though I've never done anything like this before.

"It is the right thing to give up my time for others."

Darren and Ilana will be completing the challenge in June and *My Bushey News* will bring you a follow up later in the year to let you know how they got on. Darren aims to raise £3,500. To help support the cause please visit www.justgiving.co.uk/busheytreksiceland.

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including jewellery, silver & metalware, glass, ceramics, mirrors, coins & medals, stamps, clocks & watches, books, ephemera, lighting, carpets, furniture, oil paintings, watercolours and contemporary art

Entries now being accepted for April

Auction date
Thurs 18th March 2pm

Viewing
Wed 17th March
4pm-8pm
Thur 18th March
11am-1pm

Venue
Bushey Country Club
High Street, Bushey,
Hertfordshire
WD23 1TT
free parking on site

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